

Hong Kong Junior Age Group Athletics Meet (7) 2026
Tseung Kwan O Sports Ground
Day Two Track Events Time Table (25th October 2026)

Code 序	Competition Time 比賽時間	Gender 性別	Age Group 組別	Event 項目	Start of call 開始檢錄時間	End of Call 截止檢錄時間
301	8:30	Girls	U14	100m Hurdles (H1-H2)	8:05	8:15
302	8:40	Girls	U16	100m Hurdles (H1-H3)	8:15	8:25
303	8:55	Girls	U18	100m Hurdles (H1-H2)	8:30	8:40
304	9:10	Boys	U14	100m Hurdles (H1-H2)	8:45	8:55
305	9:25	Boys	U16	110m Hurdles (H1-H2)	9:00	9:10
306	9:35	Boys	U18	110m Hurdles (H1-H2)	9:10	9:20
307	9:55	Girls	U14	400m (H1-H3)	9:35	9:45
308	10:04	Girls	U16	400m (H1-H4)	9:44	9:54
309	10:15	Girls	U18	400m (H1-H2)	9:55	10:05
310	10:21	Boys	U14	400m (H1-H4)	10:01	10:11
311	10:32	Boys	U16	400m (H1-H3)	10:12	10:22
312	10:41	Boys	U16	400m (H4-H6)	10:21	10:31
313	10:50	Boys	U18	400m (H1-H3)	10:30	10:40
314	10:59	Boys	U18	400m (H4-H6)	10:39	10:49
315	11:08	Boys	U20	400m (H1-H3)	10:48	10:58
316	11:22	Girls	U14	100m (H1-H4)	11:02	11:12
317	11:28	Girls	U14	100m (H5-H7)	11:08	11:18
318	11:33	Girls	U16	100m (H1-H5)	11:13	11:23
319	11:42	Girls	U18	100m (H1-H2)	11:22	11:32
320	11:46	Girls	U20	100m (H1-H2)	11:26	11:36
321	11:50	Boys	U14	100m (H1-H4)	11:30	11:40
322	11:56	Boys	U14	100m (H5-H8)	11:36	11:46
323	12:02	Boys	U16	100m (H1-H3)	11:42	11:52
324	12:08	Boys	U16	100m (H4-H6)	11:48	11:58
325	12:14	Boys	U16	100m (H7-H9)	11:54	12:04
326	12:22	Boys	U18	100m (H1-H4)	12:02	12:12
327	12:28	Boys	U18	100m (H5-H8)	12:08	12:18
328	12:34	Boys	U18	100m (H9-H11)	12:14	12:24
329	12:40	Boys	U20	100m (H1-H3)	12:20	12:30
330	12:46	Boys	U20	100m (H4-H6)	12:26	12:36
	Lunch 午膳					

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331-333	14:00	Girls	U14; U16; U18	100m Hurdles (F)	13:35	13:45
334	14:20	Girls	U20	100m Hurdles (F)	13:55	14:05
335	14:25	Boys	U14	100m Hurdles (F)	14:00	14:10
336-337	14:40	Boys	U16; U18	110m Hurdles (F)	14:15	14:25
338	14:50	Boys	U20	110m Hurdles (F)	14:25	14:35
339-342	15:00	Girls	U14; U16 ;U18 ;U20	400m (F)	14:40	14:50
343-346	15:12	Boys	U14; U16 ;U18 ;U20	400m (F)	14:52	15:02
347-350	15:29	Girls	U14; U16 ;U18 ;U20	100m (F)	15:09	15:19
351-354	15:37	Boys	U14; U16 ;U18 ;U20	100m (F)	15:17	15:27
355	15:50	Girls	U14-U16	1500m (F-6+7))	15:30	15:40
356	15:58	Girls	U18-U20	1500m (F-5+2))	15:38	15:48
357	16:06	Boys	U14 & U20	1500m (F13+4))	15:46	15:56
358	16:14	Boys	U16	1500m (F1 & F2)	15:54	16:04
359	16:30	Boys	U18	1500m (F1 & F2)	16:10	16:20
360	16:50	Girls	U14-U16	4 X 100m (F)	16:25	16:35
361	17:00	Boys	U14-U20	4 X 100m (F)	16:35	16:45
362	17:10	Boys	U14-U18	4 X 400m (F)	16:45	16:55

備註：

為合併組進行但分組計成績

To merge groups but calculate results for each group